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2023 Orthodox Men's Retreat of St. John The Baptist

Friday – May 5, 2023

- 4:30 p.m. Registration begins
- 6:30 p.m. Supper and Orientation
- 7:30 p.m. Akathist to, Saint John the Baptist
- 8:30 p.m. Get to know each other
- 11:00 p.m. Please keep to your room

Saturday – May 6, 2023

- 8:00 a.m. Morning Prayers in the chapel and Memorial Service for retreatants fallen asleep in the Lord
- 9:00 a.m. Breakfast
- 9:30 a.m. Conference
- 12:00 noon Lunch
- 1:00 p.m. Conference
- 2:00 pm Break. Enjoy the surroundings and relax
- 3:30 p.m. Conference
- 5:00 p.m. Supper
- 6:00 p.m. Vesper Services
- 7:00 p.m. Evening Session
- 7:45 p.m. Group Discussion
- 8:30 p.m. Visit, sit by fire
- 11:00 p.m. Please keep to your room

Sunday – May 7, 2023

- 8:00 a.m. No Breakfast – However if you require to eat due to medical reasons, food will be available
- 9:30 a.m. Divine Liturgy
- 11:00 a.m. Lunch and departure

The fee for this year's retreat is \$375.00 to \$450.00 per individual depending on the room.

Further to the Retreat schedule, we would like to emphasize that there will be time for quiet meditation and prayer, and to take full advantage of the retreat venue, while taking in the serene surroundings. More information about the facility is available on their website www.sanctumretreat.ca.